Decay of polarons and molecules in polarized Fermi gases

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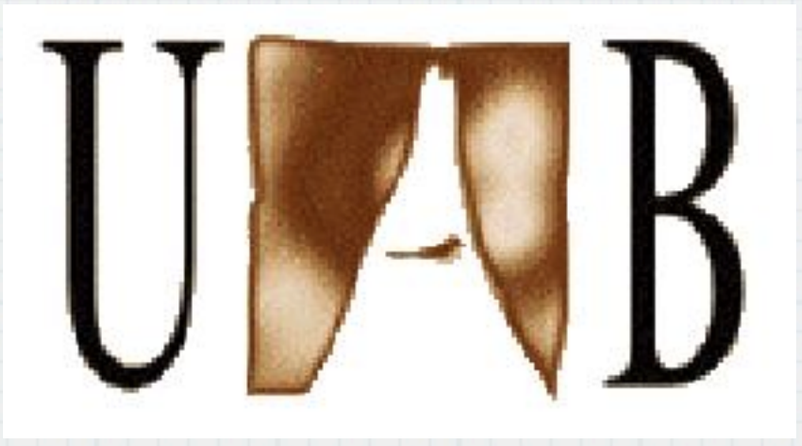
in collaboration with: Georg Bruun (Aarhus U.)



Many-body systems and quasi-particles

(from Richard Mattuck's book)

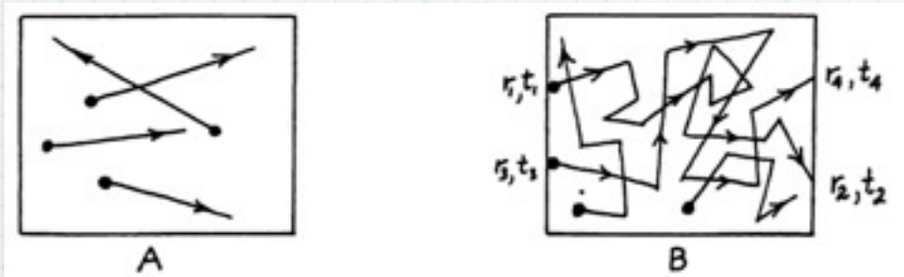


Fig. 0.2 A. *Non-interacting Particles*
B. *Interacting Particles*

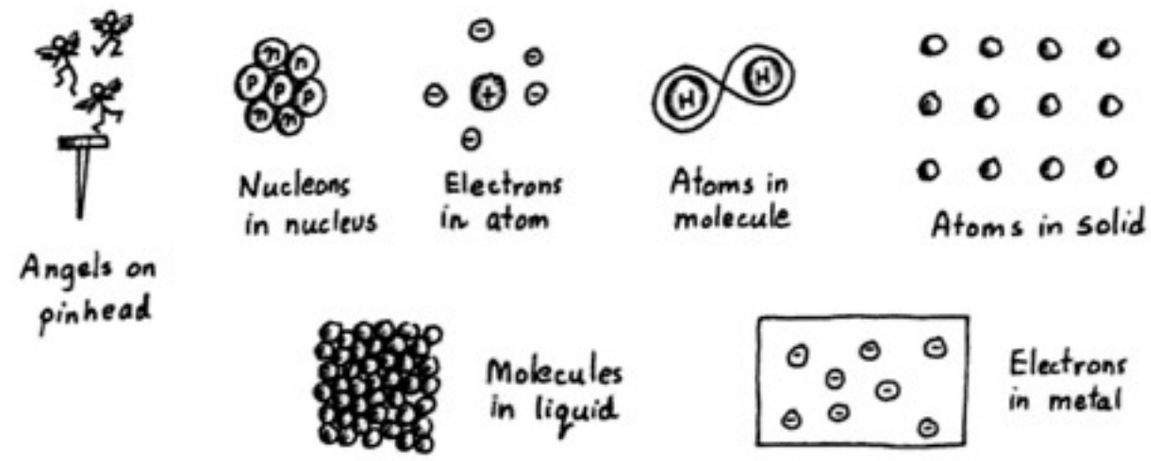
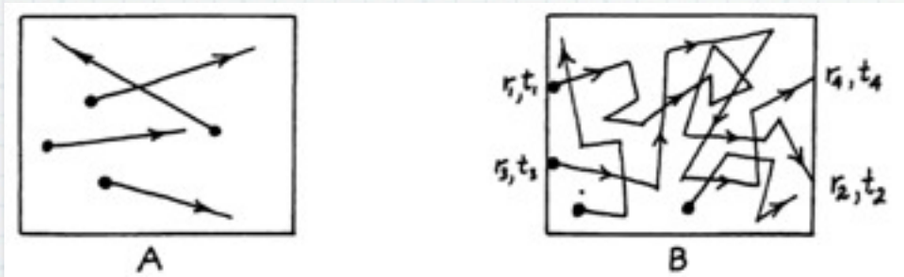


Fig. 0.1 *Some Many-body Systems*

Many-body systems and quasi-particles

(from Richard Mattuck's book)



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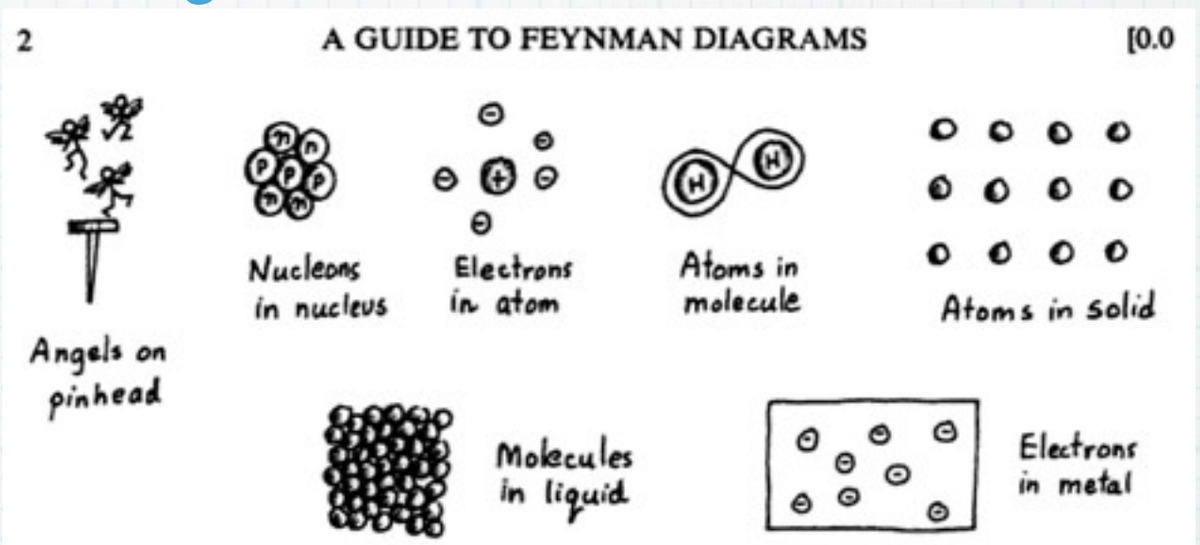

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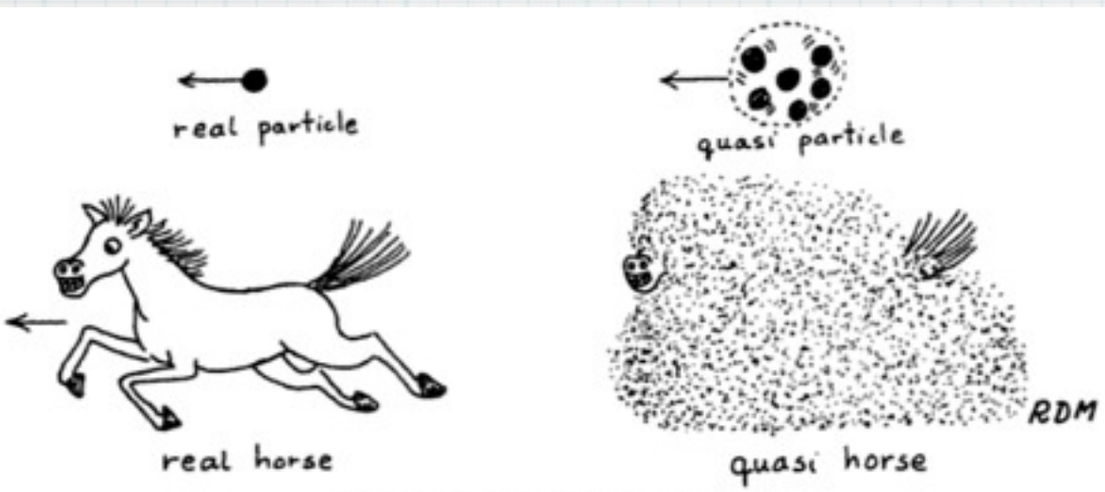


Fig. 0.4 *Quasi Particle Concept*

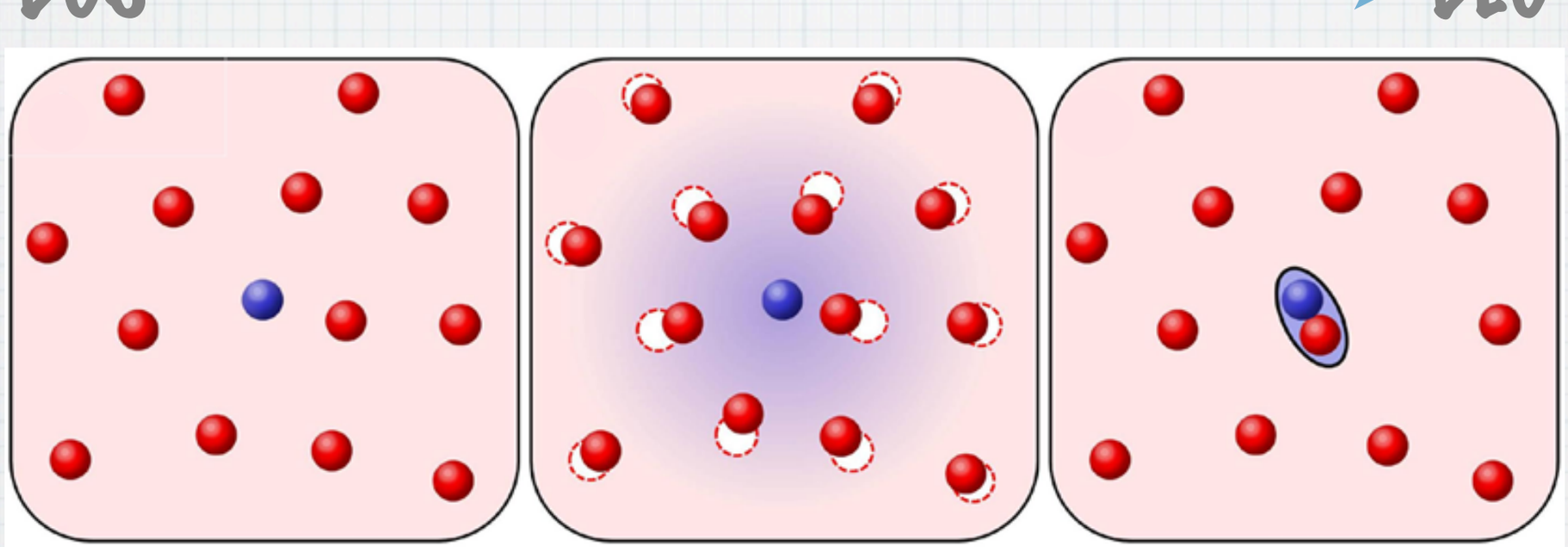
a **QP** is a "free particle" with:
@ renormalized mass
@ self-energy
@ lifetime
@ shielded interactions

The impurity problem

non-interacting ↑ Fermi sea (N>>1)

a single ↓ impurity

BCS — Attraction strength → BEC



free particle — QP (polaron) — molecule

Polaron Ansatz

(F. Chevy, PRA 2006)

the ↓ impurity

$$|\psi_{\mathbf{p}}\rangle = \phi_0 |\mathbf{p}\rangle_\downarrow \, |0\rangle_\uparrow + \sum_{\substack{k>k_F \\ q<k_F}} \phi_{\mathbf{qk}} |\mathbf{p}+\mathbf{q}-\mathbf{k}\rangle_\downarrow \, c^\dagger_{\mathbf{k}\uparrow} \, c_{\mathbf{q}\uparrow} \, |0\rangle_\uparrow$$

non-interacting ↑ Fermi sea

Particle-Hole dressing

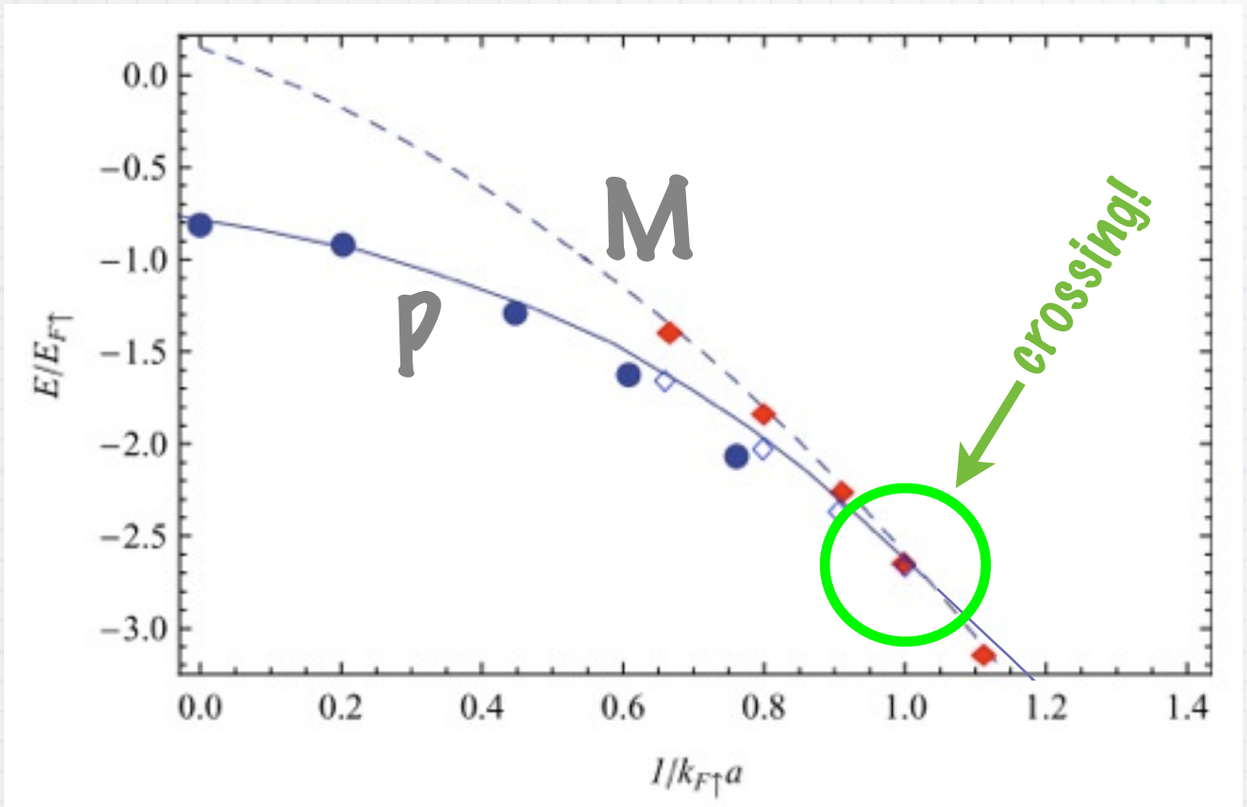
This Ansatz gives a very good agreement with MC results for the energy and m*, even at unitarity.

The variational treatment has a diagrammatic equivalent.
It corresponds to the forward scattering, or ladder, approximation.

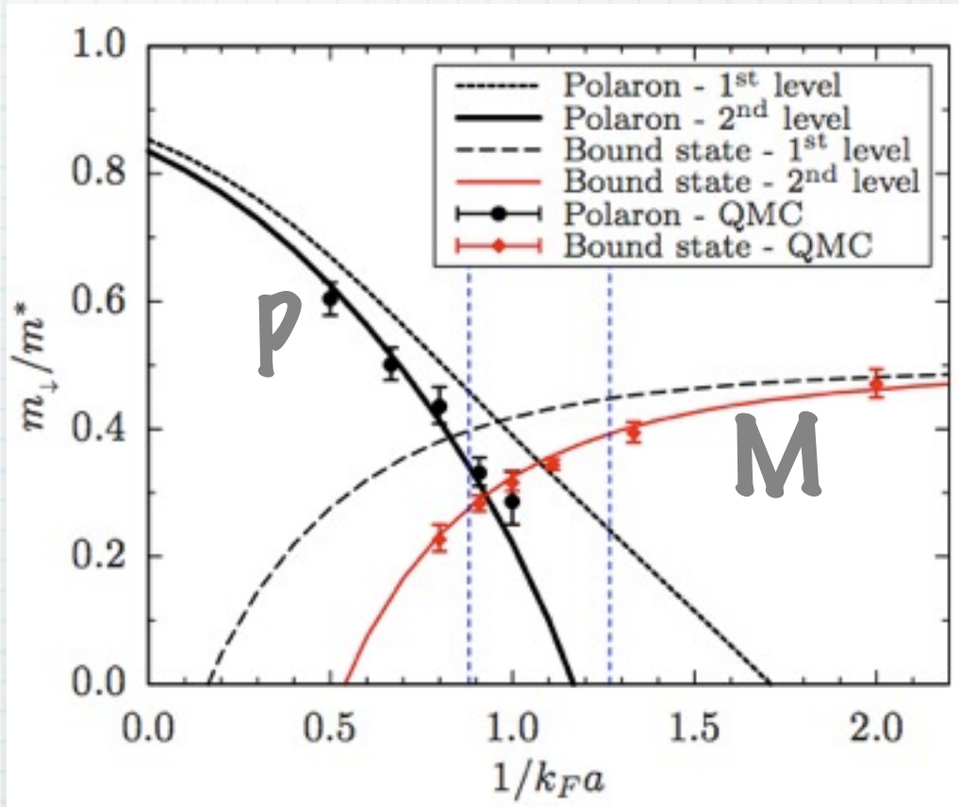
(Combescot et al., PRL 2007)

Quasi-particle parameters

Self-energy Σ



Effective mass m*



Theory (MC, variational, diagrammatic): Prokof'ev&Svistunov, Chevy, Recati, Lobo, Stringari, Combescot, Leyronas, Massignan&Bruun, Zwerger, Punk, Stoof, Mora,...

Experiments: MIT, ENS

P-P Interactions: Mora&Chevy, PRL 2010; Zhenhua, Zöllner&Pethick, arXiv:1006.4723

P&M lifetimes: Bruun&Massignan, PRL 2010

Bottom line: long life to quasi-particles!

$$\Gamma_P \sim Z_M(k_F a)\,(m_M^*)^{3/2}\,(\Delta\omega)^{9/2}$$

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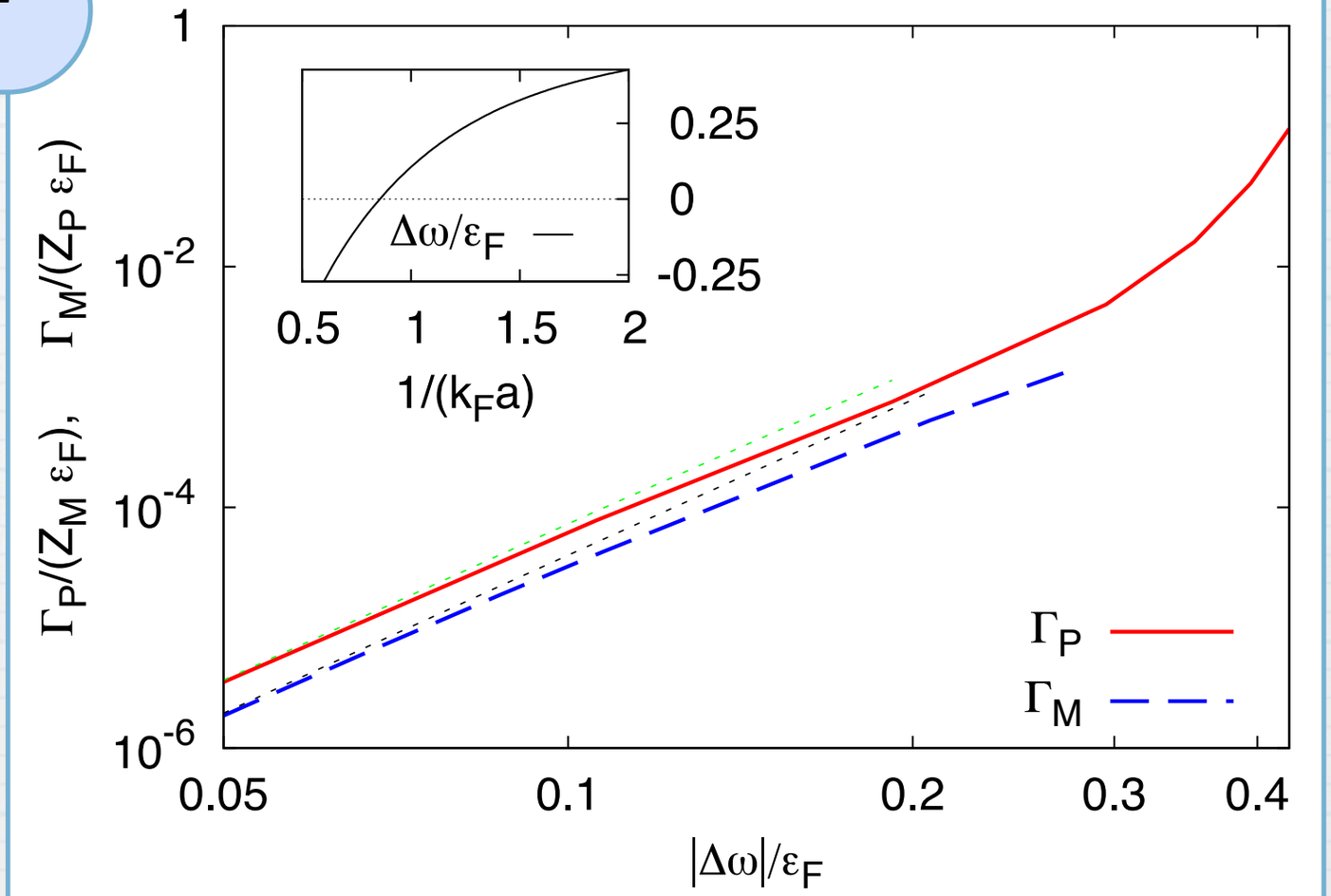
Long lifetimes
~ 10-100ms



Bruun&Massignan, PRL 2010

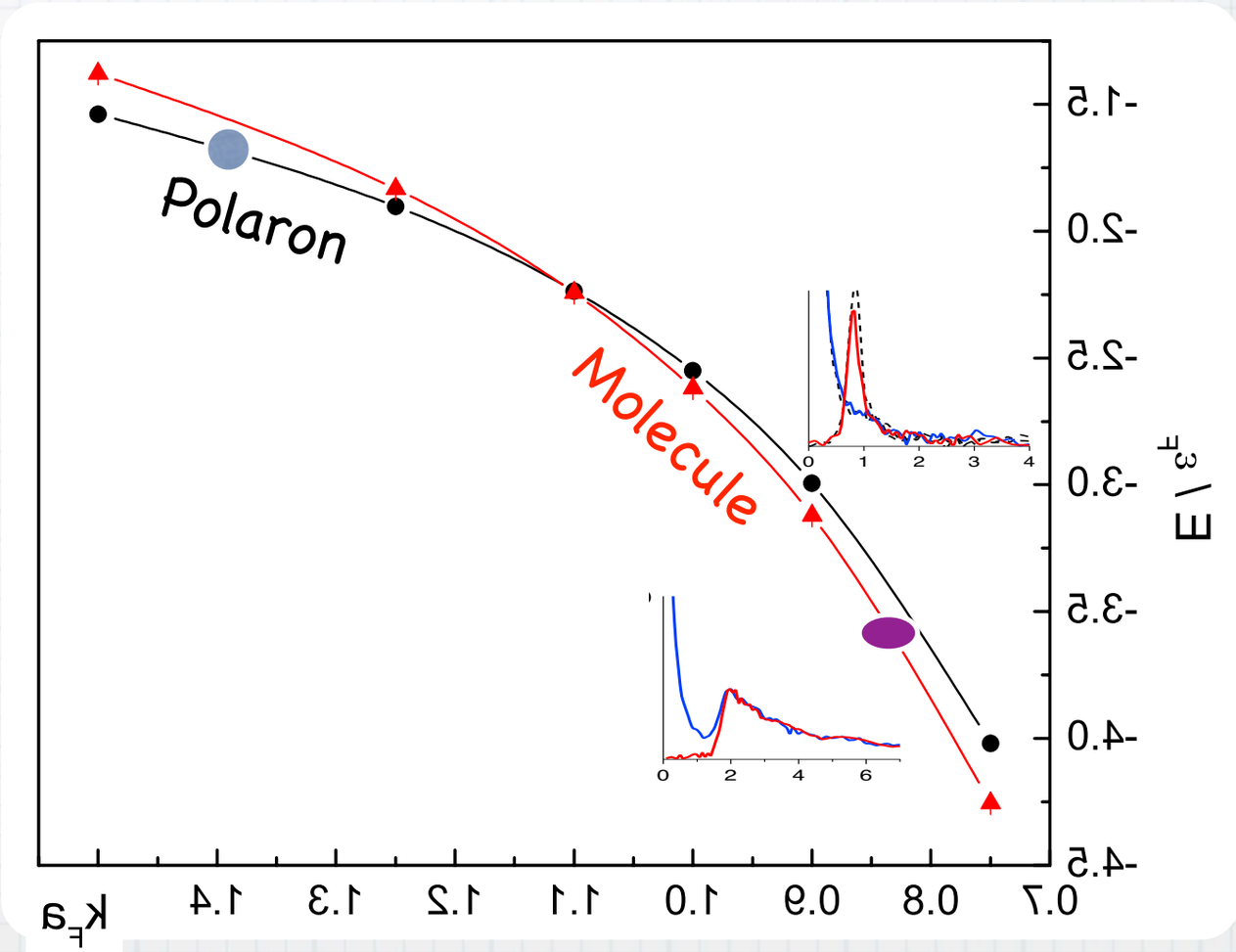
Experimental observation

Methods:

- RF spectra
- Collective modes to measure m* vs. time

Issues:

* No decay to deeply bound molecular states
* Phase separation?
  * stabilized by finite T
  * work with $m_\downarrow \neq m_\uparrow$
  * use bosonic impurities



Pol→Mol decay

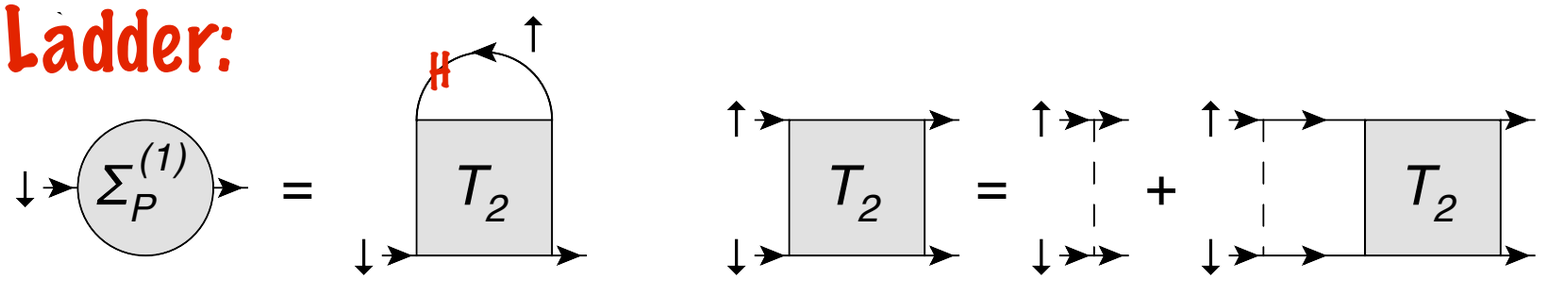
$$\Delta\omega = \omega_P - \omega_M > 0$$

Polaron: $G_\downarrow(\mathbf{p},z)^{-1} = G^0_\downarrow(\mathbf{p},z)^{-1} - \Sigma_P(\mathbf{p},z)$

Decay rate: $\Gamma_P = -\mathrm{Im}\Sigma_P(p=0,\omega_P)$

Hole expansion: $\Sigma_P(\mathbf{p},z) = \Sigma_P^{(1)}(\mathbf{p},z) + \Sigma_P^{(2)}(\mathbf{p},z) + \dots$

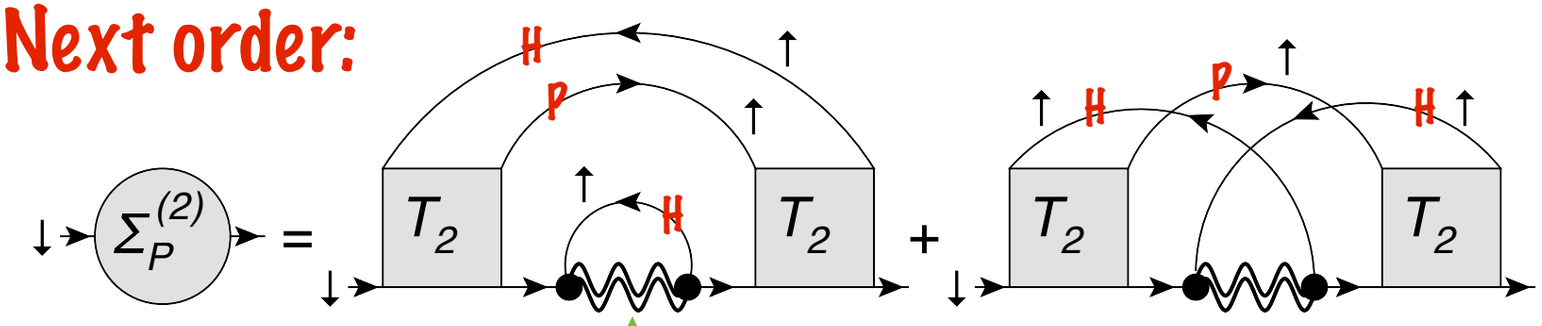
Ladder:



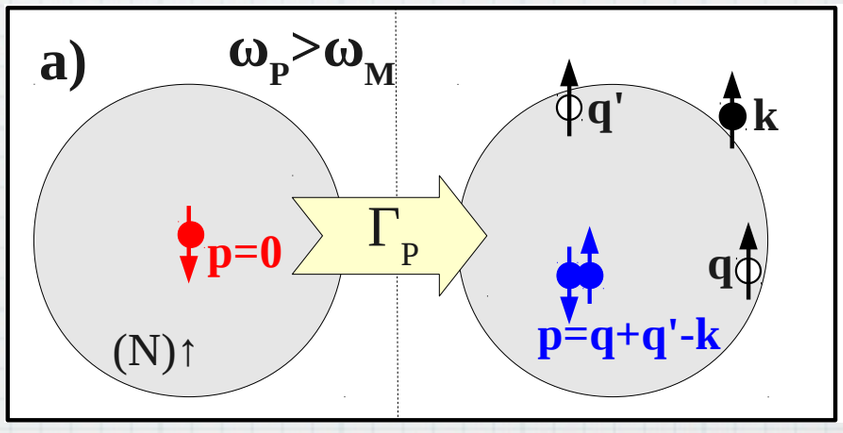
no damping in the ladder approx.

3-body process

Next order:



dressed molecule



molecule w.f. in vacuum:

$$\phi_q = \frac{\sqrt{8\pi a^3}}{1+q^2a^2} \qquad \text{or} \qquad \phi_r \propto \frac{\mathrm{e}^{-r/a}}{r}$$

dressed molecule:

$$D(\mathbf{p},\omega) \simeq \frac{Z_M}{\omega - \omega_M - p^2/2m_M^*}.$$

atom-molecule coupling:

$$\bullet\!\!=\frac{1}{g(\mathbf{p},z)} = \int \frac{d^3q}{(2\pi)^3}\phi_q \frac{1-f(\xi_{\mathbf{p}-\mathbf{q}\uparrow})}{z-\xi_{\mathbf{p}-\mathbf{q}\uparrow}-\xi_{q\downarrow}} \sim -\sqrt{\frac{m_r^2 a}{2\pi}}$$

(Bruun&Pethick, PRL 2004)

$$\Gamma_P = \frac{g^2 Z_M}{2}\int \frac{d^3k\ d^3q\ d^3q'}{(2\pi)^9}\left[F(\mathbf{q},\mathbf{k},\omega_P) - F(\mathbf{q}',\mathbf{k},\omega_P)\right]^2 \delta\left(\Delta\omega + \xi_{q\uparrow} + \xi_{q'\uparrow} - \xi_{k\uparrow} - \frac{(\mathbf{q}+\mathbf{q}'-\mathbf{k})^2}{2m_M^*}\right)$$

$$q, q' < k_F \ , \ k > k_F$$

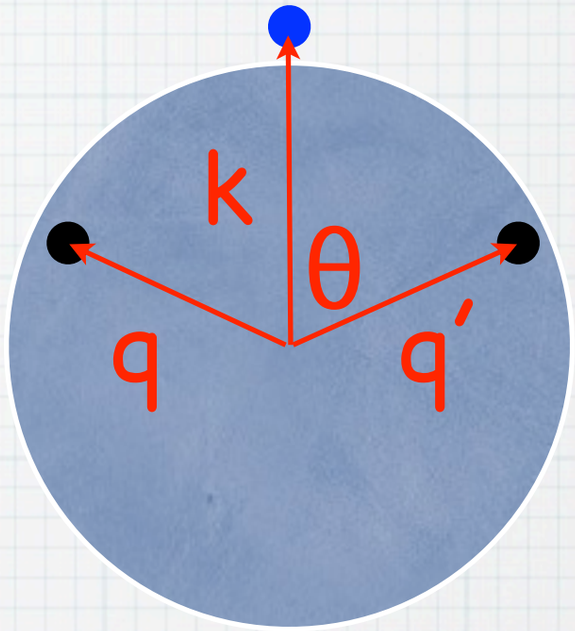
$$F(\mathbf{q},\mathbf{k},\omega) = T_2(\mathbf{q},\omega+\xi_{q\uparrow})G^0_\downarrow(\mathbf{q}-\mathbf{k},\omega+\xi_{q\uparrow}-\xi_{k\uparrow})$$

In the neighborhood of the P-M crossing,

$$\int \frac{d^3k\ d^3q\ d^3q'}{(2\pi)^9}\delta\left(\ldots\right) \sim (m_M^*)^{3/2}(\Delta\omega)^{7/2}$$

$\Delta\omega \ll \epsilon_F$

$q \simeq k \simeq k' \simeq k_F$



the angular dependence of F is only on θ

The P+H+H form an equilateral triangle, since $q + q' - k \sim 0$

At the crossing, Fermi antisymmetry yields a vanishing of the matrix element!

$$F(\mathbf{q}, \mathbf{k}, \omega_P) - F(\mathbf{q}', \mathbf{k}, \omega_P)$$

Expand matrix element around the equilateral shape to get an extra factor of Δω:

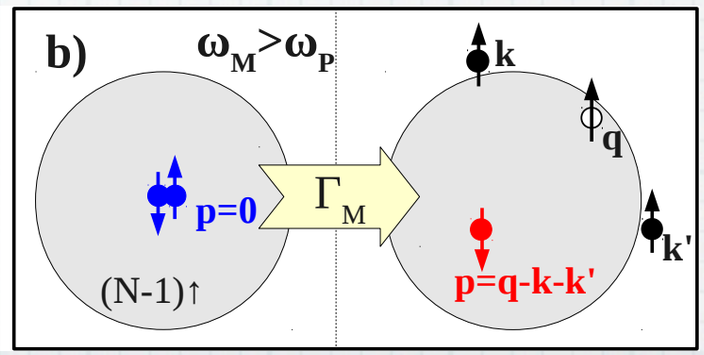
$$\Gamma_P \sim Z_M(k_F a)\left(m_M^*\right)^{3/2}\left(\Delta\omega\right)^{9/2}$$

1st order transition between the P&M states (no coupling at the crossing)

Mol→Pol decay

$$\Delta\omega = \omega_P - \omega_M < 0$$

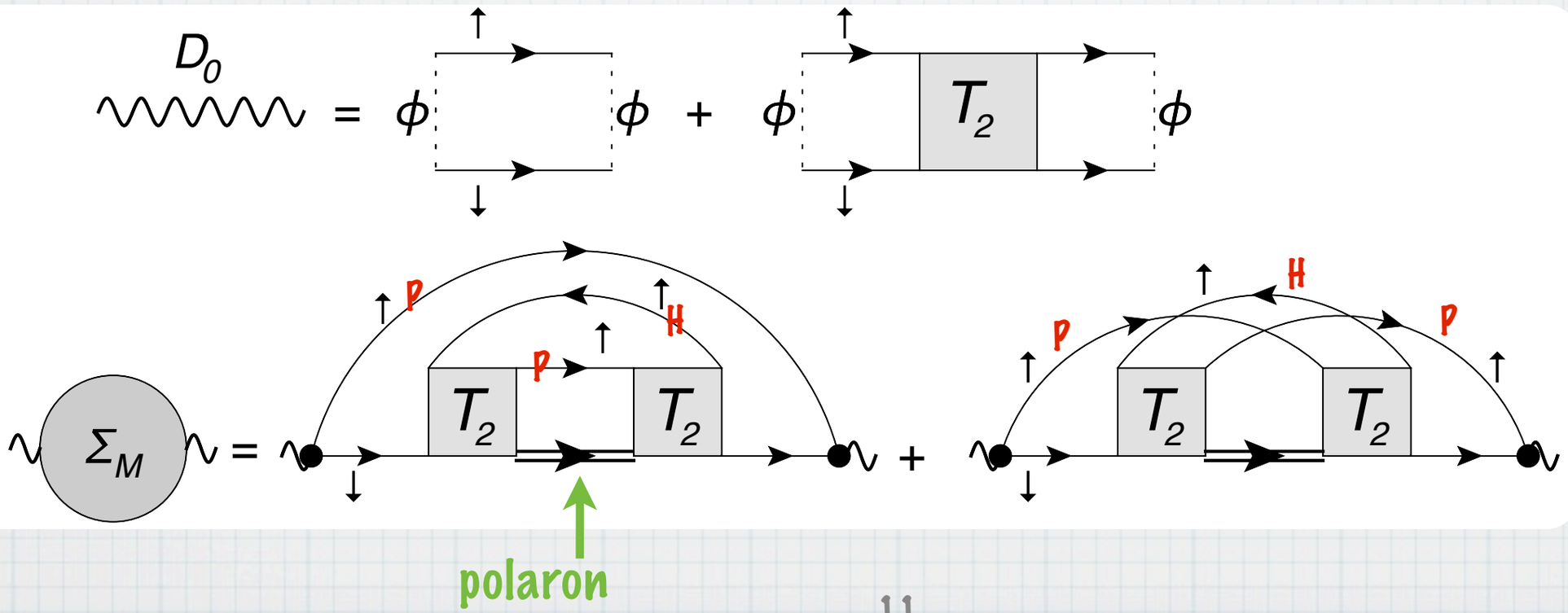
Molecule: $D(\mathbf{p},z)^{-1} = D_0(\mathbf{p},z)^{-1} - \Sigma_M(\mathbf{p},z)$



Decay rate: $\Gamma_M = -\mathrm{Im}\Sigma_M(p=0,\omega_M)$

Vacuum: $D_0(\mathbf{p},z) = \int d^3\check{q}\phi_q^2 \dfrac{1-f(\xi_{\mathbf{p}-\mathbf{q}\uparrow})}{z-\xi_{\mathbf{p}-\mathbf{q}\uparrow}-\xi_{q\downarrow}} + \dfrac{T_2(\mathbf{p},z)}{g(\mathbf{p},z)^2}$

3-body process



$$\Gamma_M = \frac{g^2 Z_P}{2} \int \frac{d^3k\ d^3k'\ d^3q}{(2\pi)^9} \left[C(\mathbf{q},\mathbf{k},\omega_M) - C(\mathbf{q},\mathbf{k}',\omega_M)\right]^2 \delta\left(|\Delta\omega| + \xi_{q\uparrow} - \xi_{k\uparrow} - \xi_{k'\uparrow} - \frac{(\mathbf{q}-\mathbf{k}-\mathbf{k}')^2}{2m_P^*}\right)$$

In the neighborhood of the M-P crossing, $\Gamma_M \sim Z_P(k_F a)\,(m_P^*)^{3/2}\,(|\Delta\omega|)^{9/2}$

For both decay processes,
very **long lifetimes** are ensured by:

- limited phase-space
- Fermi antisymmetry

much longer than usual Fermi liquids

In the numerics:

$$\omega_M = -\frac{\hbar^2}{2m_r a^2} - \epsilon_F + g_3 n_\uparrow$$

$$a_3 = 1.18a$$

$$T_2(\mathbf{p},\omega) = \frac{2\pi a/m_r}{1 - \sqrt{2m_r a^2\left(\frac{p^2}{2m_M} - \omega - \epsilon_F + g_3 n_\uparrow\right)}}$$

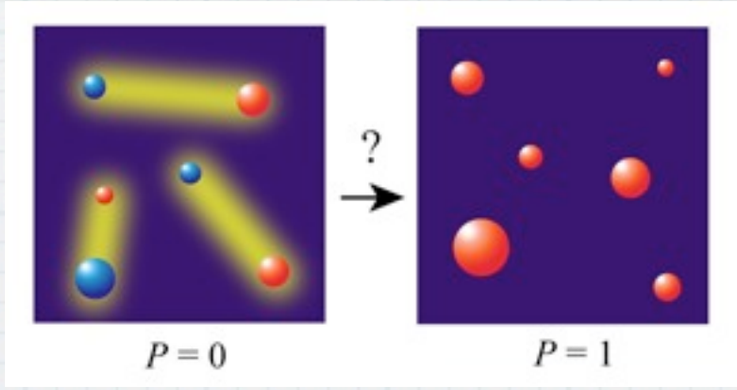
Conclusions

- The impurity problem contains
  a sharp Polaron-Molecule transition

- At small momenta, the process coupling molecules and polarons requires at least 3-bodies

- The P-M decay is strongly suppressed due to a combination of small final density of states and Fermi statistics

- Expected lifetimes ~ 10-100ms



G. Bruun and P. Massignan, Phys. Rev. Lett. **105**, 020403 (2010).